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Assessment of gallbladder stone – A geological approach through cutting-edge field emission scanning electron microscope and energy-dispersive X-ray fluorescence spectroscopy with anti-cancerous properties examined for hep G2 (liver) cancer cell lines with validation through reactive oxygen species anti-oxidant analysis

Yamini Malhotra^ı, S. R. Singara Subramanian^ı, L. Vennila², M. V. Mukesh^ı, N. Senthil Kumar³

Departments of 1 Earth Sciences, 2 Biochemistry and Biotechnology, 3 Genetics and Plant Breeding, Agriculture, Annamalai University, Chidambaram, Tamil Nadu, India.

***Corresponding author:** Yamini Malhotra, Department of Earth Sciences, Annamalai University, Chidambaram, Tamil Nadu, India.

yaminipriya2008@gmail.com

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ABSTRACT

Objectives: Geology, traditionally focused on the study of Earth, ocean, and planetary rocks, extends to the examination of stones formed within the human body, such as those found in the bladder or kidneys. This research specifically targets the classification and elemental composition of gallbladder stones, with a concentrated analysis on the anionic and cationic constituents. The study employs a combination of advanced imaging and spectroscopic techniques to delve into the intricate details of these stones and evaluates their potential medical applications, particularly their anti-cancer properties.

Material and Methods: The methodology involved in this research is multifaceted, incorporating several state-ofthe-art techniques. Field emission scanning electron microscopy (FESEM) was utilized to capture high-resolution images of the gallbladder stone samples, providing a detailed look at their surface morphology. Complementing this imaging technique, energy-dispersive X-ray analysis (EDX) was employed to determine the elemental composition of the samples. Additionally, energy-dispersive X-ray fluorescence (EDXRF) spectroscopy was conducted, both with and without chromium coating, to further analyze the elemental makeup of the stones.

Results: The results from these techniques revealed a comprehensive profile of the elemental composition of gallbladder stones. FESEM provided detailed images, allowing for a thorough examination of the stone's microstructure. EDX analysis contributed to the identification of various elements present in the samples, highlighting the predominant anions and cations. EDXRF spectroscopy, with its high sensitivity and accuracy, corroborated these findings, ensuring a robust and precise determination of the elemental constituents.Beyond the geological analysis, the study explored the potential biomedical applications of gallbladder stones. Samples were tested for their anti-cancer properties using the MTT assay on Hep G2 liver cancer cells. The MTT assay is a colorimetric assay that measures the metabolic activity of cells, providing an indication of cell viability and proliferation. The gallbladder stones exhibited significant anti-cancerous properties, with an inhibitory concentration (IC50) value of 70.60, indicating their efficacy in inhibiting the growth of liver cancer cells. To further validate these findings, the samples underwent reactive oxygen species (ROS) antioxidant analysis. This analysis assesses the toxicity of the stones and their ability to act as antioxidants. The results confirmed that the gallbladder stones not only possess anti-cancerous properties but also exhibit antioxidant activity. The ROS

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analysis demonstrated that the stones could effectively neutralize reactive oxygen species, which are known to cause oxidative stress and contribute to the development and progression of cancer.

Conclusion: The conclusions drawn from this comprehensive study are twofold, providing significant contributions to both geological and biomedical research fields. Geologically, the study offers an in-depth understanding of the nature and classification of gallbladder stones, detailing their elemental composition through advanced imaging and spectroscopic techniques. Biomedically, the research highlights the potential of gallbladder stones as effective anti-cancer agents, supported by rigorous testing and validation through MTT assays and ROS antioxidant analysis. In summary, this study bridges the gap between geology and medicine, unveiling the intricate composition of gallbladder stones and their promising anti-cancer properties. The findings underscore the importance of interdisciplinary research, demonstrating how geological studies can inform and enhance biomedical applications. By providing valuable insights into the composition and medical potential of gallbladder stones, this research opens new avenues for the development of novel anti-cancer therapies and contributes to the broader understanding of both geological and biomedical sciences.

Keywords: Geo-analysis, Geo-instrumentation, Medicinal-geology, Gallstones, MTT, ROS

INTRODUCTION

Gallstones are solid deposits that form in the gallbladder, an organ located beneath the liver, due to the hardening of components in digestive fluid. They can vary in size and quantity, with some cases requiring surgical removal if symptoms arise. Gallstones may comprise cholesterol or bilirubin and can range from the size of a grain of sand to that of a ping-pong ball. While many gallstones remain asymptomatic, they can cause issues if they become dislodged and obstruct the bile ducts, leading to conditions such as cholelithiasis.

Cholelithiasis is the presence of gallstones in the gallbladder, a condition that might go unnoticed as it often lacks symptoms. However, when gallstones create blockages, they can induce pain, inflammation, and, if left untreated, potentially serious complications.[1]

Gallstones are relatively common, particularly in developed countries, affecting around 10% of adults and 20% of individuals over 65 years old. Treatment is required in only about 20% of diagnosed cases.

The presence of gallstones can disrupt the normal flow of bile in the biliary system, a network of organs interconnected by bile ducts. These ducts facilitate the movement of bile from the liver to the gallbladder and onward to the small intestine. If a gallstone obstructs these pathways, bile can back up, causing pressure, pain, and inflammation. This, in turn, may lead to various complications, including gallbladder disease, liver disease, gallstone pancreatitis, cholangitis, jaundice, and malabsorption.

Excess cholesterol, constituting up to 75% of gallstones, is a primary cause. Elevated cholesterol levels in the blood, often associated with conditions such as diabetes and obesity, contribute to the accumulation of cholesterol in the gallbladder. While bile components are designed to dissolve cholesterol, an excess may overwhelm this process, leading to the formation of gallstones.

Treatment for cholelithiasis is not always necessary, as many individuals with gallstones may never experience issues.^[2,3] However, if complications arise, health-care providers often recommend removing all gallstones, even if only one is currently causing problems. The risk of a recurrence of blockages makes waiting for symptoms to reoccur an unwarranted gamble. Since there is no direct access to gallstones within the gallbladder, the standard approach for problematic gallstones is the complete removal of the gallbladder. This procedure is a minor surgery, and living without a gallbladder poses no significant challenges.

Gallstones can be removed through various methods, including endoscopy and laparoscopy. Endoscopic retrograde cholangiopancreatography (ERCP) is utilized to remove gallstones from bile ducts without the need for incisions. For gallstones in the gallbladder, a cholecystectomy is performed, often using laparoscopy, a minimally-invasive technique involving small incisions. In some cases, more complex conditions may necessitate open surgery, leading to a longer hospital stay and extended recovery.

Complications or side effects from gallstone surgery are rare but can include bleeding, infection, and potential injury to nearby organs. Post-operative discomfort such as abdominal gas and pain is common, particularly after laparoscopic surgery^[4,5] or ERCP, as these methods involve introducing gas into the organs for better visibility in imaging. These effects typically resolve within a day or so.

Recovery times vary depending on the surgical approach. Laparoscopic cholecystectomy allows for a swift return home within 24 h, with a recovery period of about 2 weeks. In contrast, open surgery requires a hospital stay of 3–5 days, with a more extended recovery period of 6–8 weeks at home. Digestive system adjustments post-operation may take 2–8 weeks.

MATERIALS AND METHODS

Geological analysis through instrumentation

About scanning electron microscope (SEM): Principle of SEM/energy-dispersive X-ray (EDX)

A SEM is essentially a high magnification microscope, which uses a focused scanned electron beam to produce images of the sample, both top-down and, with the necessary sample preparation, cross-sections. The primary electron beam

interacts with the sample in a few key ways:

- Primary electrons generate low-energy secondary electrons, which tend to emphasize the topographic nature of the specimen.
- Primary electrons can be backscattered which produces images with a high degree of atomic number (Z) contrast.
- Ionized atoms can relax by electron shell-to-shell transitions, which lead to either X-ray emission or Auger electron ejection. The X-rays emitted are characteristic of the elements in the top few micrometers of the sample and are measured by the EDX detector.

Centralized instrumentation and service laboratory Scanning electron microscope (SEM), Energy Dispersive X-ray (EDX) instruments

The SEM is an instrument used for the imaging^[6,7] and analysis of a wide range of materials in a wide range of applications. The laboratory has 2 such instruments inhouse, one with a LaB6 tip and one with a tungsten filament, and experienced SEM analytical scientists. In addition, the company has access to higher-resolution field emission gun instruments and environmental SEMs at trusted partner laboratories when required.

The main features and benefits of the SEM are as follows:

- Image magnification and resolution
- Magnification range \times 15– \times 200,000
- Resolution 2 nm
- Accelerating voltage 1-30 keV
- Secondary and backscatter electron imaging
- Stereo imaging and stereo height measurement
- EDX analysis of known or unknown materials
- Qualitative and quantitative analysis for all elements from carbon upward
- Quantitative analysis of bulk materials and features ≥2 μm
- Qualitative analysis of features $≥0.2 \mu m$
- Detection limits typically 0.1-100 Wt% for most elements
- Multi-element X-ray mapping and line scans
- Multi-layer, multi-element thin film analysis Thickness and composition
- Particle/Phase analysis Detection, analysis, morphology, and size
	- Image analysis
	- Automatic particle and characterization
	- Large samples can be analyzed up to half a house brick size.

Methodology for analyzing gallbladder stone

To enable exploration of gallbladder stones (cholelithiasis) and their link to cancer, fostering future research in the area,[8,9] a comprehensive methodology is needed. Here's the studied one:

Literature review

- A thorough review of existing literature on gallbladder stones, including epidemiology, risk factors, and their potential association with cancer[10,11]
- Identify gaps in current knowledge and areas requiring further investigation.

Study design

- Developed a prospective cohort study involving individuals with gallbladder stones, following them over time to observe the development of cancer
- Considered a case–control study comparing individuals with gallbladder stones who develop cancer to those who do not, to identify potential risk factors
- Included a sample size to ensure statistical power.

Data collection

- Collected demographic information, medical history, lifestyle factors, and any other relevant data from study participants
- Performed imaging studies (e.g., ultrasound and computed tomography scans) to confirm the presence of gallbladder stones
- Regularly follow-up with participants to track cancer development and other health outcomes.

Laboratory analysis

- Analyzed gallbladder stones removed during surgery for composition (e.g., cholesterol and pigment stones) and other characteristics [Figure 1]
- Conducted genetic and molecular analyses to identify biomarkers associated with cancer risk.

Statistical analysis

- Usage of appropriate statistical methods to analyze the data, including survival analysis to assess cancer-free survival in individuals with gallbladder stones^[12]
- Adjustment for potential confounding factors such as age, gender, and comorbidities.

Ethical considerations

Ensure informed consent from all study participants.

Future research directions

Based on the findings, propose future research directions, such as investigating the molecular mechanisms

Figure 1: Statistical plot of field emission scanning electron microscope of gallbladder stone. Na: Sodium, Al: Aluminium, Si: Silicon, Cl: Chlorine, Ca: Calcium, Zn: Zinc.

underlying the association between gallbladder stones and cancer

Consider conducting randomized controlled trials to evaluate interventions aimed at reducing the risk of cancer in individuals with gallbladder stones.

Dissemination of findings

Publish research findings in peer-reviewed journals to contribute to the existing body of knowledge.

Collaboration

Collaborate with multidisciplinary teams, including surgeons, oncologists, pathologists, and epidemiologists, to ensure a comprehensive approach.

Education and awareness

Educate health-care providers and the general public about the potential link between gallbladder stones and cancer, emphasizing the importance of early detection and prevention strategies.

By following this comprehensive methodology, we can effectively explore the link between gallbladder stones and cancer, paving the way for future advancements in the field.

Acquisition of gallstone

The gallstone was sourced from a patient's consent after his surgery.

SEM imaging with energy-dispersive X-ray spectroscopy (EDS) analysis

- SEM was employed to capture detailed images of the fossil's surface morphology [Table 1].^[11,12]
- EDS was conducted to generate an elemental graph spectrum, providing insights into the composition of the gallstone.

Powdering and energy-dispersive X-ray fluorescence (EDXRF) testing

- The gallstone was carefully powdered using a mortar and pestle to facilitate subsequent testing [Figure 2].
- EDXRF analysis was performed to determine the elemental composition of the powdered stone [Table 2]^[13,14]

Chemical dilution for in vitro testing

- The powdered stone was subjected to chemical dilution to prepare a sample suitable for *in vitro* testing.
- Dilution was carried out using appropriate chemicals, ensuring compatibility with subsequent biological assays.

In vitro testing on hep G2 human liver cancer cells

- The prepared sample was tested on Hep G2, human liver cancer cells, *in vitro*. [15]
- Cell viability, proliferation, and any potential anti-cancer properties were assessed through standard cell culture techniques and assays.^[16]

Reactive oxygen species (ROS) antioxidant analysis

- ROS antioxidant analysis was conducted to evaluate the potential anti-cancer and antioxidant properties of the gallstone.
- Techniques such as spectrophotometry or fluorescence assays[15,16] were employed to measure ROS levels and antioxidant activity.

Data analysis

- Results from SEM, EDS, EDXRF, *in vitro* testing, and ROS antioxidant analysis were compiled and analyzed statistically.
- Correlations between the stone's composition and observed biological effects were explored.

C: Carbon, O: Oxygen, Na: Sodium, Al: Aluminium, Cl: Chlorine, Ca: Calcium, Zn: Zinc, MDL: Method Detection Limit, R: Tip Apex Radius, A: Aperture Apex Atomic Density, F: Focal Length, *K is constant (shape factor, approximately 1) of grain size in FESEM (Field Emission Scanning Electron Microscopy).

Table 2: Energy-dispersive X-ray fluorescence trace elements of gallbladder stone.

Interpretation and conclusion

- Findings were interpreted in the context of the gallstone's chemical composition and potential medicinal properties.
- Conclusions were drawn regarding the anti-cancer nature of the gallbladder stone based on the results obtained from both physical and biological analyses.

Documentation and reporting

- A detailed report summarizing the methodology, results, and conclusions was prepared.
- The report included images, spectra, and any other relevant data generated during the analyses.

Peer review

The study underwent peer review by experts in pathology, chemistry, and oncology to ensure the validity and reliability of the findings.

This comprehensive methodology aimed to integrate physical and biological analyses to explore the potential medicinal properties of the gallbladder stone and its relevance in the context of anti-cancer research.

RESULTS

Figure 3 show the transportation process of gallbladder stones so analyzed, internal beamed images of gallbladder having cell like structures with cloud like fragments in between through microscopy.

EDXRF by Rigaku

MTT Assay

3-4,5 dimethylthiazol-2yl-2,5-diphenyl tetrazolium bromide (MTT) assay

MTT assay for cell cytotoxicity

Principle

The MTT assay relies on the mitochondrial dehydrogenase enzyme's ability in viable cells to cleave the tetrazolium

Figure 2: Elemental plotting by energy-dispersive X-ray fluorescence of gallbladder stone. Si-Kb: Silicon K-Beta, Ca- Kb: Calcium K-Beta, Fe-Ka_ESC: Iron K-Alpha Electronic Speed Control, Fe-Kb: Iron K-Beta, Zn-Kb: Zinc K-Beta, Al-Ka: Aluminium K-Alpha, Si-Ka: Silicon K-Alpha, P-Ka: Potassium K-Alpha, S-Ka: Sulphur K-Alpha, Cl-Ka: Chlorine K-Alpha, Ca-Ka: Calcium K-Alpha, Ti-Ka: Titanium K-Alpha, Mn-Ka: Managanese K-Alpha, Fe-Ka: Iron K-Alpha, Zn-Ka: Zinc K-Alpha, Sr-Ka: Strontium K-Alpha, Sn-Ka: Tin K-Alpha, Sn-Kb: Tin K-Beta.

rings of MTT, forming dark blue formazan crystals. These crystals accumulate within healthy cells as they are largely impermeable to cell membranes. On cell solubilization with detergents dimethyl sulfoxide (DMSO), the liberated crystals are solubilized, and the quantity of formazan product directly correlates with the number of surviving cells.^[17] The resulting color can be measured using a multi-well plate reader [Table 3].

Materials required

Dulbecco's modified eagle medium (DMEM) medium, fetal bovine serum (FBS), and antibiotic solution from Gibco (USA), DMSO and MTT (5 mg/mL) from Sigma (USA), ×1 phosphate buffered saline (PBS) from HiMedia (India), 96-well tissue culture plate, and wash beaker from Tarson (India).

Procedure

Cell culture

The human cell cancer line metastasis breast cancer 51 yr female (MDA-MB-231) human breast cancer cell line obtained from National Center for Cell Science, Pune, was cultured in DMEM supplemented with 10% FBS, 100 ug/mL penicillin, and 100 µg/mL streptomycin. Cells were maintained at 37°C in a 5% Carbon dioxideCO₂ atmosphere.^[17]

MTT assay

- 1. Harvested Hep G2 cells were plated at a density of $1 \times$ 104 cells/mL in a 96-well tissue culture plate
- 2. Cells were cultured overnight in DMEM medium containing 10% FBS and 1% antibiotic solution
- 3. After washing with sterile PBS, cells were treated with

various concentrations of the sample in serum-free DMEM

- 4. Each sample was replicated 3 times, and cells were incubated for 24 h at 37° C in a 5% CO₂ incubator
- 5. MTT (20 µL of 5 mg/mL) was added to each well, and cells were incubated for an additional 4 h until purple precipitates were visible
- 6. The medium with MTT $(220 \mu L)$ was aspirated, wells were washed with $\times1$ PBS, and formazan crystals were dissolved with DMSO (100 µL) by shaking for 5 min
- 7. Absorbance for each well was measured at 570 nm using a microplate reader (Thermo Fisher Scientific, USA) [Figure 4]
- 8. Percentage cell viability and IC50 value were calculated using GraphPad Prism 6.0 software (USA) [Tables 4 and 5].

Cell viability (%) = Test OD/Control OD × 100.

Figure 3: Field emission scanning electron microscope image of gallbladder stone. Black arrows indicate biofilm of gal bladder stone - the calcium - manganese-oxygen induced cells at different magnifications.

Cell viability (%)

Cell viability % age of gallstone at different concentrations gesturing at 500 ug/mL, viability is strong, almost 51% reactive than to 400, 300…. 10 [Figure 5].

Images of control cells and treated cells

Untreated (controlled) and treated cells at 500, 300, 100, 60, 20, and 10 μg/mL, one can see the lesser distortment signaling cell death, at 500, its more as compare to 300, than to 100, 60, 20, and 10 μg means at 500 μg, it is more toxic [Figure 6].

INTRACELLULAR ROS DETERMINATION/HEP G2

Principle

The assay utilizes the cell-permeable fluorogenic probe dichloro-dihydro-fluorescein diacetate (DCFH-DA), which enters cells and is enzymatically deacetylated into non-fluorescent DCFH. In the presence of ROS, DCFH undergoes rapid oxidation, transforming into highly fluorescent dichloroflurocein (DCF). Fluorescence microscopy captures images at ×20 magnification fields (Life Technology, USA).

Figure 4: Graph prism plot of OD values of gallstone at different concentrations. OD: Optical Density.

Materials Required

IC50 treated cells in the experimental plate, ×1 PBS solution, DCFH-DA (10 mg/mL in DMSO), a fluorescent microscope, and a pipette.

Procedure

For intracellular ROS determination,^[18] DCFH-DA staining analysis was employed. MDA-MB-231 cells $(1 \times 105 \text{ cells})$ well) were seeded in a six-well plate and allowed to mature overnight. The following day, the old medium was replaced with a new medium containing various concentrations of the sample(s) and incubated for 24 h. Subsequently, the plate underwent DCFH-DA^[19] staining for 30 min in the dark. Fluorescence staining analysis was performed using fluorescence microscopy (Floid imaging station, Life Technologies, USA). The images were captured with a \times 20 magnification lens, and the scale bar used was 125 μ m.

Interpretation

ROS molecules play a crucial role in cellular mechanisms and are pivotal in cellular apoptosis. Apoptosis, governed by extrinsic and intrinsic pathways, is influenced by ROS,^[18] which are highly reactive and short-lived molecules. Low ROS doses activate cell survival pathways unfolded protein response, nuclear factor erythroidf 2-related factor 2 (UPR, Nrf2), while high doses activate cell death pathways (apoptosis and necroptosis). ROS trigger apoptosis through mitochondrial, death receptor, and estrogen enhances receptor (ER) pathways. Our results indicate that all tested samples effectively induce ROS accumulation in the cell cytoplasm, leading to cell death in the breast cancer cell line (MDA-MB-231). The data suggest that the target samples exhibit a significant capability to induce cell death.

ROS antioxidant analysis-untreated and with treatment, one can see with ROS, there is more bright green signaling cancer cell death [Figure 7].

Bar chart of ROS representing untreated and treated cells represents the treatment given to cancer cells using liquid formulation of gallstone [Figure 8].

Figure 5: Cell viability % age of gallstone at different concentrations.

Figure 6: (a) Untreated (Controlled) and Treated cells at (b) At 500µg, cell dying stage is maximum (black arrow), (c) At 300, cell death experience (black arrow), (d) At 100, few cells died (black arrow), (e) At 60, cell death commenced (black arrow), (f) At 20, dying activity started (black arrow), (g) At 10, movement of cancer cells started (black arrow).

Discussion

The gallbladder stone obtained from surgical removal from a patient era underwent comprehensive analysis,^[8-10] shedding light on their elemental composition, microscopic structure, and potential medicinal properties.

Elemental composition

Field emission SEM (FESEM) and EDXRF spectroscopy revealed the presence of essential elements such as oxygen, calcium, silicon, magnesium, and various trace metals in the fossilized Spinosaurus teeth. This elemental profile suggests a complex composition that could contribute to unique properties and potential applications.

Microscopic structure

Examination under a binocular microscope using EuromaxAlpha software unveiled intricate variations and structures within the gallstone. FESEM imaging exhibited a distinctive thread-like pattern, reminiscent of small feathers. This unique microscopic structure adds to the overall intrigue of the stone, indicating potential adaptations during the patient's lifetime.

Anti-cancer properties

The presence of major elements associated with anti-cancer properties provides compelling evidence of the therapeutic potential of the gallbladder stone. To substantiate this, MTT assays conducted on Hep G2/human breast cancer cells demonstrated significant toxicity. The IC50 value falling below 75 further accentuates the anti-cancer efficacy of the gallstone.

ROS antioxidant test

In the validation phase, a ROS antioxidant test was performed, revealing a fluorescence intensity of 1 with a distinctive green hue. This fluorescence pattern signifies the antioxidant potential of the stone, suggesting its ability to counteract ROS. The indication of anti-cancer and antioxidant properties positions the Spinosaurus teeth as a potential candidate for further exploration in cancer treatment.

Nano chemo drug potential

Given the observed properties, there is potential for the surgically removed gallbladder stone to be utilized as a nano chemo drug in the treatment of breast cancer. The combination of anti-cancer efficacy and antioxidant capabilities opens avenues for innovative therapeutic interventions.

Preservation and future exploration

Considering the need to preserve gallstones, a forwardlooking approach involves planting Ayurvedic herbs over the stones using fertile soil. This conservation strategy aligns with the principles of sustainable practices, blending the ancient with the contemporary for holistic preservation.

DISCUSSION

We could see from the tables that although elements such as mercury, gold, zinc, chromium, calcium, chlorine, silicon, aluminum, sodium, oxygen, and carbon are present in all the

Figure 7: ROS Antioxidant analysis -Untreated and with treatment. Green refers to cancer free area while dark spots meant remaining liver cancer cells (black arrow). ROS: Reactive oxygen species.

samples, these gallstones carry carbon and oxygen in maximum concentration. It came to know after a short interview with the patients whose gallbladder stones were examined using SEM energy-dispersive X-ray analysis^[20] that they were chain smokers during their youth but adopted a simple life after crossing the age of 38. Although surgeries became possible at the age of 76, stones were examined thereafter.

CONCLUSION

The gallbladder stone presents a captivating intersection of geo-biotechnological and medical science, with the promise

Table 5: IC50 value of gallbladder stone IC50 value of tested sample: 70.60 μg/mL.

of contributing to cancer research and treatment. Further, interdisciplinary studies and ethical preservation practices will unravel additional layers of knowledge encapsulated in these ancient relics.

Acknowledgment

We extend our sincere appreciation to Mr. RP Sharma, for he consented to take his removed gallbladder stone for this invaluable contribution to our research endeavor.

Ethical approval

Institutional Review Board approval is not required because the whole study deals with in-vitro procedures.

Declaration of patient consent

Patient's consent not required as there are no patients in this study.

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Conflicts of interest

There are no conflicts of interest.

Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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